

yum!

# gluten & allergen list

THE FOLLOWING ITEMS DO NOT CONTAIN ANY GLUTEN  
(SOME REQUIRE SLIGHT MODIFICATIONS);  
WE CANNOT GUARANTEE NO CROSS CONTAMINATION.  
PLEASE INDICATE SPECIFIC ALLERGENS AT TIME OF ORDER.

## gf entrees

filet w/o amablu topping  
½ roasted chicken  
hugo's baja mahi tacos  
lemon chicken  
grainy mustard salmon

gf appetizers & sides  
roasted potatoes\*\*  
simple green beans  
broccolini  
harissa roasted cauliflower  
crispy brussels sprouts\*\*  
french fries\*\*

## gf soup & salads

*ordered without bread*  
bob's tomato soup  
chicken soup w/o noodles  
ice cold gazpacho  
coconut curry soup w/ chicken  
tarragon chicken salad  
dilled egg salad  
fancy schmancy tuna salad  
sampler salad  
yum! blueberry salad  
sweet & spicy shrimp caesar salad  
wedge starter salad

## dairy, soy, egg & gf

hugo's baja mahi tacos  
w/o cheese  
lemon chicken  
w/o butter  
yum! blueberry salad  
w/o cheese, no bread  
ice cold gazpacho  
no bread  
coconut curry soup w/ chicken  
no bread

## gf sandwiches

*ordered without bread*  
grilled chicken club  
steak sandwich  
lto burger  
yum! burger  
(w/o crispy onions)  
turkey focaccia  
ahi tuna

## gf bakery

nut goodley bar  
peanut better cookie  
**dairy-free breads**  
caraway rye  
focaccia

**gf: gluten-friendly (no added gluten) \*\*items fried in the same oil as breaded items**



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## *gf breakfast entrees* *ordered without bread*

steak & eggs w/o crispy onions  
yum! breakfast  
california scramble  
salmon hash

## *gf breakfast sides*

one egg any style  
house made sausage patties (chicken or pork)  
Jones Dairy Farm bacon  
sweet & spicy candied bacon  
roasted potatoes\*\*  
fresh fruit

## *gf bakery*

nut goodley bar  
peanut butter cookie  
*dairy-free breads*  
caraway rye  
focaccia

*gf: gluten-friendly (no added gluten)*