

appetizers

french fries	7.95
[w/ red pepper aioli, cajun mayo & ketchup]	
buffalo chicken fingers [2]	9.95
chicken fingers [2]	8.95
sweet & spicy caesar starter	6.95
[romaine & parmesan w/ spicy caesar dressing & parmesan crisp]	

soup

	cup	bowl	quart
chicken wild rice [w/ almond & parsley]	6.95	7.95	15.95
gumbo [w/ shrimp, andouille sausage & chicken]	9.95	12.95	21.95
chicken noodle	6.95	7.95	15.95
chicken noodle w/ matzah balls	7.95	8.95	16.95
bob's tomato	6.95	7.95	15.95

salads

pacific rim salmon	15.95
[grilled salmon on romaine w/ pineapple, red peppers, hearts of palm, green onions & toasted coconut w/ coconut dressing]	
greek	14.95
[feta, kalamata olives, cucumbers, pepperoncini, tomatoes & marinated red onions on romaine w/ red wine vinaigrette, & hummus w/ flat bread] add chicken 4.00	
curried chicken couscous	15.95
[tumeric infused couscous, curried chicken, apples, currants, carrots & red peppers served warm on romaine w/ honey yogurt dressing]	
sampler	14.95
[a scoop of fancy schmancy tuna, tarragon chicken & dilled egg salad on greens]	
tarragon chicken salad	12.95
[w/ grapes, pecans, & celery on greens]	
fancy schmancy tuna salad	12.95
[white albacore tuna w/ kalamata olives, red peppers & scallions on greens]	
dilled egg salad	11.95
[hard cooked eggs w/ celery, scallions & dill on greens]	

pasta

mac & cheese	[small] 7.95	[large] 10.95
add buffalo chicken	[1] 4.95	[2] 8.95
mac & cheese - family style to go	29.95	
[feeds 8-10, as a side]		
penne w/ yum! sausage	15.95	
[penne, spicy tomato sauce, ricotta, spicy yum! sausage, basil & parmesan w/ garlic toast]		
penne w/ yum! sausage - family style to go	59.95	
[feeds 4-6]		

St. Louis Park 952.922.4000 ~ Shady Oak Rd 952.933.6001 ~ St. Paul 651.615.1230 ~ Woodbury 651.603.4444

sandwiches

served w/ house made chips!

greek chicken flatbread	15.95
[grilled chicken breast, hummus, romaine, feta, cucumbers, red onions, kalamata olives, tomatoes & red wine vinaigrette served on yum! folded flatbread]	
grilled chicken club	15.95
[grilled chicken breast, lettuce, tomato, avocado, Jones Dairy Farm bacon & honey mustard aioli on toasted whole grain]	
reuben	16.95
[corned beef, swiss cheese, sauerkraut & red pepper aioli on caraway rye]	
rachel	14.95
[turkey, swiss cheese, sauerkraut & red pepper aioli on caraway rye]	
turkey focaccia	12.95
[house roasted turkey breast w/ red pepper aioli, shredded lettuce, tomato & shaved red onions on grilled focaccia bun] add avocado 2.00	
ito burger	15.95
[house ground burger w/ lettuce, tomato & onion] * add cheese 1.00 add Jones Dairy Farm bacon 2.50	
yum! burger	16.95
[house ground burger w/ crispy onion, cheddar & red pepper aioli] *	
steak sandwich	18.95
[grilled beef tenderloin, red pepper aioli & arugula on herb focaccia] *	
tuna melt	14.95
[house made english muffin, fancy schmancy tuna salad, sliced tomato & muenster cheese]	
breakfast sandwich	12.95
[bacon or house sausage, fried egg & cheddar cheese on house made english muffin] * add avocado 2.00	
yum! veggie	12.95
[avocado, cucumber, sprouts, tomato, spinach, cheddar & muenster w/ honey mustard aioli on toasted whole grain]	
grilled cheese	9.95
[muenster & cheddar on challah]	
fancy schmancy tuna salad	12.95
[white albacore tuna w/ kalamata olives, red peppers & scallions w/ lettuce & tomato on toasted challah]	
tarragon chicken salad	12.95
[w/ grapes, pecans & celery w/ lettuce & tomato on toasted challah]	
dilled egg salad	11.95
[hard cooked eggs w/ celery, scallions & dill w/ lettuce & tomato on toasted challah]	

breads

[sliced or whole]

caraway rye	5.95
challah	7.95
whole grain	5.95
english muffins [4]	12.95

family style

whole roasted chicken	18.95
1/2 pan macaroni & cheese [feeds 8-10]	29.95
chicken salad [1/2 pint, pint or quart]	9.95 18.95 29.95
tuna salad [1/2 pint, pint or quart]	9.95 18.95 29.95
egg salad [1/2 pint, pint or quart]	8.95 16.95 26.95

entrees

green curry salmon	19.95
[pan seared salmon on rice noodles w/ green curry, pea pods, red peppers & cilantro]	
szechuan salmon	19.95
[grilled salmon on jasmine rice w/ pistachios & szechuan green beans]	
fish & chips	16.95
[true alaskan cod & french fries w/ house tartar sauce]	
hugo's baja mahi tacos	16.95
[build your own! mahi-mahi on romaine w/ spicy baja sauce, pico de gallo, cotija cheese & corn tortillas]	
mike's seafood stew	19.95
[mussels, mahi mahi, shrimp, tomatoes, fresh fennel & a hint of orange w/ grilled ciabatta & red pepper aioli]	
cauliflower couscous vegan bowl	15.95
[pearl couscous infused w/ tumeric, red onion, red peppers, scallions, parsley & cilantro topped w/ harissa roasted cauliflower, tahini vinaigrette & pine nuts]	
amablu crusted filet	22.95
[beef tenderloin w/ mashed potatoes & simple green beans] *	
beef stew	15.95
[old fashioned beef stew served on mashed potatoes]	
1/2 roasted chicken	18.95
[w/ mashed potatoes & green beans]	
lemon chicken	16.95
[seared chicken breast w/ fresh lemon & italian parsley, served w/ mashed potatoes & broccolini]	

side dishes

szechuan green beans	7.25	9.95
simple green beans	6.95	9.25
broccolini		6.95
crispy brussels sprouts		6.95
mashed potatoes		6.25
harissa roasted cauliflower		7.25

cakes

	<i>slice</i>	<i>whole</i>
patticake	7.50	59.95
baker's man	7.50	59.95
coconut	7.50	59.95

cupcakes

lemon cheesecake	4.50
yum!	4.50
chocolate	4.25
vanilla	4.25

pies, bars & cookies

mini lemon meringue pie	6.95
sinkicker	4.50
nut goodley bar	4.25
special yum! bar	4.25
chocolate chip cookie	2.95
ranger cookie	2.95
peanut better cookie	2.95
[dairy free & gluten friendly]	
brownie chunk cookie	2.95
[w/ walnuts]	

St. Louis Park 952.922.4000 ~ Shady Oak Rd 952.933.6001 ~ St. Paul 651.615.1230 ~ Woodbury 651.603.4444

breakfast

[served 8:00 -11:00 am daily]

salmon hash	15.95
[red curry glazed flaked salmon w/ potatoes, arugula, red peppers & over easy eggs w/ fresh dill & rye toast] *	
breakfast sandwich	12.95
[house made english muffin w/ fried egg, cheddar cheese & choice of sausage or bacon served w/ roasted potatoes] *	
add avocado 2.00	
california scramble	12.95
[scrambled eggs w/ tomato, avocado, fresh mozzarella, spinach & daikon sprouts served w/ greens & whole grain toast]	
add salmon 6.00	
yum!	12.95
[slow scrambled eggs w/ chives, sausage patties, roasted potatoes & challah toast]	
steak & eggs	18.95
[beef tenderloin, over easy eggs & crispy onions served w/ roasted potatoes & grilled focaccia] *	
breakfast burrito	14.95
[scrambled eggs, sausage, pepper jack cheese, avocado, roasted potatoes & sour cream wrapped in a flour tortilla served w/ pico de gallo & tortilla chips]	
oatmeal brulee	8.95
[oats & wheat berries slow cooked & topped w/ strawberries, almonds & brown sugar glaze]	
avocado toast	8.95
[whole grain, avocado, extra virgin olive oil, sea salt & red pepper flakes]	
add egg * 2.50 add greens 2.95 add salmon 6.00	
crunchy french toast	12.95
[thick slices of egg dipped challah w/ corn flake crunch served w/ whipped cream, blueberries & strawberries]	

breakfast sides

one egg any style *	2.50
house made sausage pattie	5.95
Jones Dairy Farm bacon	6.95
sweet & spicy candied bacon	7.95
roasted potatoes	6.25
fresh fruit [the best of the season]	5.95
house baked english muffin	4.95
toast [challah, rye or whole grain]	3.95

yum!

caramel pull-a-part	4.75
cinnamon pull-a-part	4.75

muffins

lemon poppyseed	3.95
blueberry	3.75

scones

mixed berry	3.75
plain	3.50

specialty

fruit loopie bar	4.25
popcorn ball	4.25