



gluten & allergen list

THE FOLLOWING ITEMS DO NOT CONTAIN ANY GLUTEN
(SOME REQUIRE SLIGHT MODIFICATIONS);
WE CANNOT GUARANTEE NO CROSS CONTAMINATION.
PLEASE INDICATE SPECIFIC ALLERGENS AT TIME OF ORDER

gf entrees

filet w/o amablu topping
½ roasted chicken
hugo's baja mahi tacos
lemon chicken

gf appetizers & sides

mashed potatoes
simple green beans
broccolini
harissa roasted cauliflower
crispy brussels sprouts**
french fries**

gf soup & salads

ordered without bread

bob's tomato soup
chicken soup w/o noodles
tarragon chicken salad
dilled egg salad
fancy schmancy tuna salad
_sampler salad
greek salad
pacific rim salmon salad

dairy, soy, egg & gf
green curry salmon
hugo's baja mahi tacos
w/o cheese

lemon chicken
w/o butter, no mashed potatoes
greek salad
w/o cheese, no flatbread
mike's seafood stew
w/o red pepper aioli, no bread

gf sandwiches

ordered without bread
grilled chicken club
steak sandwich
lto burger
yum! burger
(w/o crispy onions)
turkey focaccia

gf bakery

nut goodley bar
peanut better cookie
sinkicker

dairy-free breads
caraway rye
focaccia



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gf breakfast entrees *ordered without bread*

steak & eggs w/o crispy onions
yum! breakfast
california scramble
salmon hash

gf breakfast sides

one egg any style
house made sausage pattie
Jones Dairy Farm bacon
sweet & spicy candied bacon
roasted potatoes
fresh fruit

gf bakery

nut goodley bar
peanut better cookie
sinkicker

dairy-free breads

caraway rye
focaccia

gf: gluten-friendly (no added gluten)