

gluten & allergen list

THE FOLLOWING ITEMS DO NOT CONTAIN ANY GLUTEN
(SOME REQUIRE SLIGHT MODIFICATIONS);
WE CANNOT GUARANTEE NO CROSS CONTAMINATION.
PLEASE INDICATE SPECIFIC ALLERGENS AT TIME OF ORDER

gf entrees

filet w/o amablu topping
½ roasted chicken
hugo's baja mahi tacos
lemon chicken
veggie stuffed acorn squash

gf appetizers & sides
mashed potatoes
maple whipped sweet potatoes
simple green beans
broccolini
harissa roasted cauliflower
crispy brussels sprouts**
french fries**

dairy, soy, egg & gf hugo's baja mahi tacos w/o cheese

lemon salmon w/ kale w/o sweet potatoes

lemon chicken w/o butter or mashed potatoes

date night salad w/o bread, no croutons, no goat cheese

apple harvest salad w/o bread, no cheese

3 b's starter salad w/o bleu cheese

gf soup & salads ordered without bread

bob's tomato soup
acorn squash soup
chicken soup w/o noodles
tarragon chicken salad
dilled egg salad
fancy schmancy tuna salad
sampler salad
date night salad w/o croutons
apple harvest salad

3 b's starter salad w/o bleu cheese

gf sandwiches

ordered without bread
grilled chicken club
steak sandwich
Ito burger
yum! burger
(w/o crispy onions)
turkey focaccia

gf bakery

nut goodley bar
peanut better cookie
salted nut roll
dairy-free
breads
caraway rye

focaccia

gf: gluten-friendly (no added gluten) **items fried in the same oil as breaded items



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gf breakfast entrees

ordered without bread

steak & eggs w/o crispy onions
yum! breakfast
california scramble

gf breakfast sides

one egg any style
house made sausage pattie
Jones Dairy Farm bacon
sweet & spicy candied bacon
roasted potatoes
fresh fruit

gf bakery

nut goodley bar salted nut roll peanut better cookie

dairy-free breads

caraway rye focaccia

gf: gluten-friendly (no added gluten)