

## gluten & allergen list

THE FOLLOWING ITEMS DO NOT CONTAIN ANY GLUTEN
(SOME REQUIRE SLIGHT MODIFICATIONS);
WE CANNOT GUARANTEE NO CROSS CONTAMINATION.
PLEASE INDICATE SPECIFIC ALLERGENS AT TIME OF ORDER

### gf entrees

filet w/o amablu topping
½ roasted chicken
hugo's baja mahi tacos
lemon chicken
veggie stuffed acorn squash

gf appetizers & sides
mashed potatoes
maple whipped sweet potatoes
simple green beans
broccolini
harissa roasted cauliflower
crispy brussels sprouts\*\*
french fries\*\*

#### dairy, soy, egg & gf hugo's baja mahi tacos w/o cheese

lemon salmon w/ kale w/o bread or sweet potatoes

lemon chicken w/o butter or mashed potatoes

date night salad w/o croutons or goat cheese

pop! salad w/o bread or bleu cheese

3 b's starter salad w/o bread or bleu cheese

chicken chili w/o bread, cheese, or sour cream

### gf soup & salads ordered without bread

bob's tomato soup chicken soup w/o noodles tarragon chicken salad dilled egg salad fancy schmancy tuna salad sampler salad date night salad w/o croutons pop! salad 3 b's starter salad gf sandwiches
ordered without bread
grilled chicken club
steak sandwich
burger, burger
turkey focaccia

### gf bakery

nut goodley bar
peanut better cookie
salted nut roll
dairy-free
breads

caraway rye focaccia

gf: gluten-friendly (no added gluten) \*\*items fried in the same oil as breaded items



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### gf breakfast entrees

ordered without bread

steak & eggs w/o crispy onions
yum! breakfast
california scramble
old school corned beef hash

### gf breakfast sides

one egg any style
house made sausage pattie
Jones Dairy Farm bacon
sweet & spicy candied bacon
roasted potatoes
fresh fruit

### gf bakery

nut goodley bar salted nut roll peanut better cookie

### dairy-free breads

caraway rye focaccia

gf: gluten-friendly (no added gluten)