

yum!

# gluten & allergen list

THE FOLLOWING ITEMS DO NOT CONTAIN ANY GLUTEN  
(SOME REQUIRE SLIGHT MODIFICATIONS);  
WE CANNOT GUARANTEE NO CROSS CONTAMINATION.  
PLEASE INDICATE SPECIFIC ALLERGENS AT TIME OF ORDER

## gf entrees

filet w/o amablu topping  
½ roasted chicken  
hugo's baja mahi tacos  
grainy mustard salmon  
lemon chicken

## gf appetizers & sides

roasted potatoes  
simple green beans  
broccoli  
harissa roasted cauliflower  
crispy brussels sprouts\*\*  
french fries\*\*  
watermelon wedge  
heirloom tomato stack

## gf soup & salads

*ordered without bread*

bob's tomato soup  
chicken soup w/o noodles  
ice cold gazpacho  
tarragon chicken salad  
dilled egg salad  
fancy schmancy tuna salad  
sampler salad  
summer salmon salad  
yum! blueberry salad  
watermelon feta starter salad

## dairy, soy, egg & gf

hugo's baja mahi tacos  
w/o cheese

yum! blueberry salad  
w/o cheese, no bread

watermelon feta starter salad  
w/o cheese, no bread

lemon chicken  
w/o butter

ice cold gazpacho  
no bread

## gf sandwiches

*ordered without bread*

lobsta club

ahi tuna

grilled chicken club

steak sandwich

burger, burger

turkey focaccia

## gf bakery

nut goodley bar

peanut butter cookie

## dairy-free breads

caraway rye

focaccia

*gf: gluten-friendly (no added gluten) \*\*items fried in the same oil as breaded items*



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## **gf breakfast entrees**

*ordered without bread*

**steak & eggs w/o crispy onions**

**yum! breakfast**

**california scramble**

**farm scramble**

**salmon hash**

## **gf breakfast sides**

**one egg any style**

**house made sausage pattie**

**Jones Dairy Farm bacon**

**sweet & spicy candied bacon**

**roasted potatoes**

**fresh fruit**

## **gf bakery**

**nut goodley bar**

**peanut better cookie**

## **dairy-free breads**

**caraway rye**

**focaccia**

***gf: gluten-friendly (no added gluten)***