| annatinara | | ₹ | |
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| appetizers | ~~ | $\left\{egin{array}{l} \left\{\begin{array}{l} \mathbf{sandwiches} \\ \end{array}\right.\right\}$ served w/ house made chips! | ~~ |
| french fries [w/ red pepper aioli, cajun mayo & ketchup] | 7.95 | salmon banh mi [grilled salmon, cilantro, mint, carrot & jalapeno] | L6.95 |
| buffalo chicken fingers [2] | 9.95 | W/ sriracha mayo on baguette] * tuna melt 1 | 4.95 |
| chicken fingers [2] | 8.95 | | .4.90 |
| tuscan starter [bacon, bleu cheese & pine nuts on romaine w/ sweet & spicy vinaigrette] | 6.95 | grilled chicken club [grilled chicken breast, lettuce, tomato, avocado, Jones Dairy Farm bacon & honey mustard aioli on toasted whole grain] | 15.95 |
| · | quart | steak sandwich [grilled beef tenderloin, red pepper aioli & arugula on herb focaccia] * | 16.95 |
| gumbo [w/ shrimp, andouille sausage & chicken]9.9512.95chicken noodle5.956.95chicken noodle w/ matzah balls6.507.95 | 12.95 21.95 12.95 14.95 12.95 | / c / | 5.95 |
| | | rachel try [turkey, swiss cheese, sauerkraut & red pepper aioli] | 4.95 |
| salads | ~~ | on caraway rye] | |
| southwest chicken [blackened chicken breast, romaine, pico de gallo, avocado, cotija & tortilla strips w/ cilantro lime vinaigrette] | 15.95 | on caraway rye] reuben [corned beef, swiss cheese, sauerkraut & red pepper aioli on caraway rye] turkey focaccia on caraway rye] | L5.95 |
| spring tenderloin [grilled tenderloin steak, red pepper, asparagus, mushrooms, bleu cheese & crispy onions on romaine & parsley mix | 18.95 | { | 12.95 |
| w/ balsamic vinaigrette] salmon goddess | 16.95 | lettuce, tomato & shaved red onions on grilled focaccia bun] add avocado 2.00 open-faced runny egg club [two over easy eggs, bacon, avocado, arugula, tomato & red pepper aioli on toasted whole grain] * breakfast sandwich [bacon or house sausage, fried egg & cheddar cheese on house made english muffin] * add avocado 2.00 | L2.95 |
| [grilled atlantic salmon, snap peas, watermelon radishes & grape tomatoes on romaine w/ green goddess dressing] | 14.95 | breakfast sandwich [bacon or house sausage, fried egg & cheddar cheese on house made english muffin] * add avocado 2.00 | L2.95 |
| sampler [a scoop of fancy schmancy tuna, tarragon chicken & dilled egg salad on greens] | 14.95 | yum! veggie [avocado, cucumber, sprouts, tomato, spinach, cheddar & muenster w/ honey mustard aioli on toasted whole grain] | 2.95 |
| tarragon chicken salad [w/ grapes, pecans, & celery on greens] | 12.95 | grilled cheese [muenster & cheddar on challah] | 9.95 |
| fancy schmancy tuna salad [white albacore tuna w/ kalamata olives, red peppers & scallions on greens] | 12.95 | fancy schmancy tuna salad [white albacore tuna w/ kalamata olives, red peppers & scallions w/ lettuce & tomato on toasted challah] | L2.95 |
| dilled egg salad | 11.95 | tarragon chicken salad [w/ grapes, pecans & celery w/ lettuce & tomato on toasted challah] | L2.95 |
| [hard cooked eggs w/ celery, scallions & dill on greens] | | dilled egg salad [hard cooked eggs w/ celery, scallions & dill w/ lettuce & tomato on toasted challah] | 11.95 |
| pasta | ~~~ | $\{\ \stackrel{\aleph}{\circ},\ \}\ 	ext{breads}$ | ~~ |
| mac & cheese [small] 7.95 [large] | 10.95 8.95 | Construction Soliton Soliton | 5.95 7.95 |
| mac & cheese - family style to go [feeds 8-10, as a side] | 29.95 | whole grain english muffins [4] | 5.95 12.95 |
| chicken pad thai [chicken breast, rice noodles, egg, pea pods, red pepper, carrots & cilantro w/ crushed peanuts] | 15.95 | \[\bullet \bullet \] \{ \bullet \left[\left] \left[\left] \text{pan macaroni & cheese [feeds 8-10]} 2 \\ \text{chicken salad [1/2 pint, pint or quart]} 9.95 18.95 2 | |
| ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ | ~~~ | tuna salad [1/2 pint, pint or quart] 9.95 18.95 2 egg salad [1/2 pint, pint or quart] 8.95 16.95 2 | |

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| entrees ~~~~~ | ~~~ | breakfast [served 8:00 -11:00 am daily] southwest scramble [scrambled eggs, avocado, pepper jack cheese, pico de gallo, tortilla strips & cotija w/ flour tortilla & salsa verde] open-faced runny egg club two over easy eggs bacon, avocado, arugula, tomato | ~~ |
| mike's seafood stew | 18.95 | $\left\langle \begin{array}{c} \stackrel{\bullet}{\rightarrow} \\ \stackrel{\bullet}{\rightarrow} \\ \end{array} \right\rangle$ [served 8:00 -11:00 am daily] | |
| [mussels, mahi mahi, shrimp, tomatoes, fresh fennel & a hint of orange w/ grilled ciabatta & red pepper aioli] * | | southwest scramble | 14.9 |
| | 10.05 | { | |
| green mole salmon [grilled atlantic salmon w/ green mole on jasmine rice, | 19.95 | open-faced runny egg club | 12.9 |
| garnished w/ arugula, watermelon radish & toasted pepitas] | | | 12.0 |
| szechuan salmon | 19.95 | & red pepper aioli on toasted whole grain | |
| [grilled salmon on jasmine rice w/ pistachios & szechuan | 19.90 | served w/ roasted potatoes] * | |
| green beans] | | breakfast sandwich Graph Graph Description Descri | 12.9 |
| fish & chips | 16.95 | & choice of sausage or bacon served w/ roasted potatoes] * | |
| [true alaskan cod & french fries w/ house tartar sauce] | 20.00 | add avocado 2.00 | |
| hugo's baja mahi tacos | 16.95 |) yuiii: | 12.9 |
| [build your own! mahi-mahi on romaine w/ spicy baja sauce, | | | |
| pico de gallo, cotija cheese & corn tortillas] | | steak & eggs | 16.9 |
| cauliflower couscous vegan bowl | 15.95 | Steak & eggs Stea | _0.0 |
| [pearl couseous infused w/ tumeric, red onion, red peppers, | | served w/ roasted potatoes & grilled focaccia] * | |
| scallions, parsley & cilantro topped w/ harissa roasted cauliflov tahini vinaigrette & pine nuts] | ver, | | L4.9 |
| | 00.05 | Scrambled eggs, sausage, pepper jack cheese, avocado, roasted potatoes & sour cream wrapped in a flour tortilla | |
| <pre>amablu crusted filet [beef tenderloin w/ mashed potatoes & simple green beans] *</pre> | 22.95 | carried w/ nico de dallo & tortilla chine] | |
| | 10.05 | california scramble | 12.9 |
| 1/2 roasted chicken [w/ mashed potatoes & green beans] | 18.95 | scrambled eggs w/ tomato, avocado, fresh mozzarella, | |
| | | spinach & daikon sprouts, served w/ greens & whole | |
| lemon chicken [seared chicken breast w/ fresh lemon & italian | 16.95 | grain toast] add salmon 6.00 yum! granola | 9.9 |
| parsley, served w/ mashed potatoes & broccolini] | | Yumi granda | 0.0 |
| , | | | 8.9 |
| | | (oats & wheat berries slow cooked & topped) | |
| | | w/ strawberries, almonds & brown sugar glaze] | 0.01 |
| side dishes | ~~~ | oatmeal brulee [oats & wheat berries slow cooked & topped w/ strawberries, almonds & brown sugar glaze] avocado toast [whole grain, avocado,extra virgin olive oil, sea salt | 8.95 |
| 7.05 | | & red pepper flakes] | |
| | 9.95 9.25 | add egg * 2.50 add greens 2.95 add salmon 6.00 | |
| broccolini | 6.95 | (- (| 12.9 |
| crispy brussels sprouts | 6.95 | { [thick slices of egg dipped challah w/ corn flake crunch served w/ whipped cream, blackberries & strawberries] | |
| mashed potatoes harissa roasted cauliflower | 6.25 7.25 | | _ |
| | | 〈 첫 〈 breakfast sides ~~~~~~ | 0 5 |
| cakes ~~~~ | ~~ | one egg any style * house made sausage pattie | 2.50 5.95 |
| slice | whole | Jones Dairy Farm bacon | 6.95 |
| patticake 7.50 | 59.95 | sweet & spicy candied bacon | 7.95 |
| baker's man 7.50 | 59.95 | | 5.95 5.95 |
| | | | 5.98 4.98 |
| | | | 3.95 |
| cupcakes ~~~~~ | ~~~ | \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | |
| coconut | 4.50 | toast [challah, rye or whole grain] yum! caramel pull-a-part cinnamon pull-a-part muffins | ~~ |
| carrot | 4.50 | ွှင့် caramel pull-a-part | 4.7 |
| yum! chocolate | 4.50 4.25 | cinnamon pull-a-part | 4.7 |
| vanilla | 4.25 | ชื่อ muffins | ~ |
| nice have & cooking | | S G S donut | 3.7 |
| pies, bars & cookies ~ | | (| 37 |
| mini banana cream pie | 6.95 | blueberry SCONES pistachio orange mixed berry plain Specialty fruit loopie bar popcorn ball | ~ |
| nut goodley bar | 4.25 | pistachio orange | 3.7 |
| special yum! bar chocolate chip cookie | 4.25 | mixed berry | 3.7 |
| ranger cookie | 2.95 2.95 | Plain | 3.5 |
| peanut better cookie | 2.95 | { ፭ { specialty~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ | ~ |
| [dairy free & gluten friendly] | 6.0= | fruit loopie bar | 4.2 |
| m & m sugar cookie coconut macaroon | 2.95 3.95 | popcorn ball | 4.2 |
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^{*} Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness