

yum!

# gluten & allergen list

THE FOLLOWING ITEMS DO NOT CONTAIN ANY GLUTEN  
(SOME REQUIRE SLIGHT MODIFICATIONS);  
WE CANNOT GUARANTEE NO CROSS CONTAMINATION.  
PLEASE INDICATE SPECIFIC ALLERGENS AT TIME OF ORDER

## gf entrees

filet w/out amablu topping  
½ roasted chicken  
hugo's baja mahi tacos  
mike's seafood stew w/o bread  
lemon chicken  
miso salmon

## gf appetizers & sides

mashed potatoes  
simple green beans  
broccolini  
harissa roasted cauliflower  
crispy brussels sprouts\*\*  
french fries\*\*

## gf soup & salads

*ordered without bread*

bob's tomato soup  
chicken soup w/o noodles  
tarragon chicken salad  
dilled egg salad  
fancy schmancy tuna salad  
sampler salad  
vietnamese noodle w/out crispy onion  
tuscan chicken salad  
salmon couscous w/out couscous  
yum! starter

## dairy, soy, egg & gf

hugo's baja mahi tacos  
w/o cheese

lemon chicken w/o butter  
w/o mashed potatoes

mike's seafood stew  
w/o ciabatta, no butter

vietnamese noodle  
w/o bread, crispy onion, egg

yum! starter

## gf sandwiches

*ordered without bread*

grilled chicken club

steak sandwich

burger, burger

turkey focaccia

*\*\*items fried in the same oil as breaded items*

## gf bakery

nut goodley bar

peanut butter cookie

## dairy-free breads

caraway rye

focaccia

gf: gluten-friendly (no added gluten) \*\*items fried in the same oil as breaded items



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## gf breakfast entrees

*ordered without bread*

steak & eggs w/o crispy onions

yum! breakfast

california scramble

old school corned beef hash

## gf breakfast sides

one egg any style

house made sausage pattie

Jones Dairy Farm bacon

sweet & spicy candied bacon

roasted potatoes

fresh fruit

## gf bakery

nut goodley bar

peanut butter cookie

## dairy-free breads

caraway rye

focaccia

*gf: gluten-friendly (no added gluten)*