

appetizers

french fries [w/ red pepper aioli, cajun mayo & ketchup]	7.95
buffalo chicken fingers [2]	9.95
chicken fingers [2]	8.95
yum! starter [romaine, tomato, celery, hearts of palm & avocado w/ red wine vinaigrette]	6.95

soup

	cup	bowl	quart
pozole	5.95	6.95	12.95
gumbo [w/ shrimp, andouille sausage & chicken]	9.95	12.95	21.95
chicken noodle	5.95	6.95	12.95
chicken noodle w/ matzah balls	6.50	7.95	14.95
bob's tomato	5.95	6.95	12.95

salads

vietnamese noodle [romaine, iceberg, cabbage, rice noodles, carrots, cucumbers, eggs, herb trio, peanuts & crispy onions w/ ginger nuoc cham] <i>add chicken 4.00</i>	12.95
salmon couscous [red curry glazed atlantic salmon, turmeric infused couscous, cucumber, tomato & red onion on romaine w/ yogurt dill dressing]	16.95
tuscan chicken [grilled chicken breast, bacon, bleu cheese & pine nuts on romaine w/ sweet & spicy vinaigrette]	14.95
sampler [a scoop of fancy schmancy tuna, tarragon chicken & dilled egg salad on greens]	14.95
tarragon chicken salad [w/ grapes, pecans, & celery on greens]	12.95
fancy schmancy tuna salad [white albacore tuna w/ kalamata olives, red peppers & scallions on greens]	12.95
dilled egg salad [hard cooked eggs w/ celery, scallions & dill on greens]	11.95

pasta

mac & cheese <i>add buffalo chicken</i>	[small] 7.95	[large] 10.95
	[1] 4.95	[2] 8.95
mac & cheese - family style to go [feeds 8-10, as a side]	29.95	
shrimp linguine [sautéed shrimp, garlic, red pepper flakes, lemon zest & italian parsley served w/ garlic toast]	16.95	

sandwiches

served w/ house made chips!

greek chicken flatbread [grilled chicken breast, hummus, romaine, feta, cucumbers, red onions, kalamata olives, tomatoes & red wine vinaigrette on yum! folded flatbread]	14.95
grilled chicken club [grilled chicken breast, lettuce, tomato, avocado, Jones Dairy Farm bacon & honey mustard aioli on toasted whole grain]	15.95
steak sandwich [grilled beef tenderloin, red pepper aioli & arugula on herb focaccia] *	16.95
burger, burger [2 house ground chuck patties, cheddar cheese, lettuce, tomato, onion & special sauce on challah bun] * <i>add Jones Dairy Farm bacon 2.50</i>	15.95
reuben / rachel [corned beef or turkey, swiss cheese, sauerkraut & red pepper aioli on caraway rye]	15.95 / 14.95
turkey focaccia [house roasted turkey breast w/ red pepper aioli, shredded lettuce, tomato & shaved red onions on grilled focaccia bun] <i>add avocado 1.25</i>	12.95
tuna melt [house made english muffin, fancy schmancy tuna salad, sliced tomato & muenster cheese]	14.95
open-faced runny egg club [two over easy eggs, bacon, avocado, arugula, tomato & red pepper aioli on toasted whole grain] *	12.95
breakfast sandwich [bacon or house sausage, fried egg & cheddar cheese on house made english muffin] * <i>add avocado 1.25</i>	12.95
yum! veggie [avocado, cucumber, sprouts, tomato, spinach, cheddar & muenster w/ honey mustard aioli on toasted whole grain]	12.95
grilled cheese [muenster & cheddar on challah]	9.95
fancy schmancy tuna salad [white albacore tuna w/ kalamata olives, red peppers & scallions w/ lettuce & tomato on toasted challah]	12.95
tarragon chicken salad [w/ grapes, pecans & celery w/ lettuce & tomato on toasted challah]	12.95
dilled egg salad [hard cooked eggs w/ celery, scallions & dill w/ lettuce & tomato on toasted challah]	11.95

bread

[sliced or whole]

caraway rye	5.95
challah	7.95
whole grain	5.95
english muffins [4]	12.95

family style

whole roasted chicken	18.95
1/2 pan original macaroni & cheese [feeds 8-10]	29.95
chicken salad [1/2 pint, pint or quart]	9.95 18.95 29.95
tuna salad [1/2 pint, pint or quart]	9.95 18.95 29.95
egg salad [1/2 pint, pint or quart]	8.95 16.95 26.95

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entrees

mike's seafood stew [mussels, mahi mahi, shrimp, tomatoes, fresh fennel & a hint of orange w/ grilled ciabatta & red pepper aioli] *	18.95
green curry salmon [pan seared salmon on rice noodles w/ green curry, pea pods, red peppers & cilantro]	19.95
szechuan salmon [grilled salmon on jasmine rice w/ pistachios & szechuan green beans]	19.95
fish & chips [true alaskan cod & french fries w/ house tartar sauce]	16.95
hugo's baja mahi tacos [build your own! mahi-mahi on romaine w/ spicy baja sauce, pico de gallo, cotija cheese & corn tortillas]	16.95
cauliflower couscous vegan bowl [pearl couscous infused w/ tumeric, red onion, red peppers, scallions, parsley & cilantro topped w/ harissa roasted cauliflower, tahini vinaigrette & pine nuts]	15.95
amablu crusted filet [beef tenderloin w/ mashed potatoes & simple green beans] *	22.95
1/2 roasted chicken [w/ mashed potatoes & green beans]	18.95
lemon chicken [seared chicken breast w/ fresh lemon & italian parsley, served w/ mashed potatoes & broccolini]	16.95
chicken pot pie [chicken, cream sauce, peas & carrots w/ puff pastry]	14.95

side dishes

szechuan green beans	7.25	9.95
simple green beans	6.95	9.25
broccolini		6.95
crispy brussels sprouts		6.95
mashed potatoes		6.25
harissa roasted cauliflower		7.25

cakes

	slice	whole
patticake	7.50	59.95
baker's man	7.50	59.95
coconut	7.50	59.95

cupcakes

raspberry patticup	4.50
crème brûlée	4.50
yum!	4.50
chocolate	4.25
vanilla	4.25

pies, bars & cookies

mini french silk pie	6.95
nut goodley bar	4.25
special yum! bar	4.25
chocolate chip cookie	2.95
ranger cookie	2.95
peanut better cookie	2.95
[dairy free & gluten friendly]	
yumeo!	4.95

breakfast

[served 8:00 -11:00 am daily]

salmon hash [red curry glazed flaked salmon w/ potatoes, arugula, red peppers & over easy eggs w/ fresh dill & rye toast] *	15.95
open-faced runny egg club [two over easy eggs, bacon, avocado, arugula, tomato & red pepper aioli on toasted whole grain served w/ roasted potatoes] *	12.95
breakfast sandwich [house made english muffin w/ fried egg, cheddar cheese & choice of sausage or bacon served w/ roasted potatoes] * add avocado 1.25	12.95
yum! [slow scrambled eggs w/ chives, sausage patties, roasted potatoes & challah toast]	12.95
steak & eggs [beef tenderloin, over easy eggs & crispy onions served w/ roasted potatoes & grilled focaccia] *	16.95
breakfast burrito [scrambled eggs, sausage, pepper jack cheese, avocado, roasted potatoes & sour cream wrapped in a flour tortilla served w/ pico de gallo & tortilla chips]	14.95
california scramble [scrambled eggs w/ tomato, avocado, fresh mozzarella, spinach & daikon sprouts, served w/ greens & whole grain toast] add salmon 6.00	12.95
oatmeal brulee [oats & wheat berries slow cooked & topped w/ strawberries, almonds & brown sugar glaze]	8.95
avocado toast [whole grain, avocado, extra virgin olive oil, sea salt & red pepper flakes] add egg * 2.50 add greens 2.95 add salmon 6.00	7.95
crunchy french toast [thick slices of egg dipped challah w/ corn flake crunch served w/ whipped cream, blackberries & strawberries]	12.95

breakfast sides

one egg any style *	2.50
house made sausage pattie	5.95
Jones Dairy Farm bacon	6.95
sweet & spicy candied bacon	7.95
roasted potatoes	5.95
fresh fruit [the best of the season]	5.95
house baked english muffin	4.95
toast [challah, rye or whole grain]	3.95

yum!

raspberry kuchen	4.95
caramel pull-a-part	4.75
cinnamon pull-a-part	4.75

muffins

blueberry	3.75
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scones

cherry chocolate chip	3.75
mixed berry	3.75
plain	3.50

specialty

fruit loopie bar	4.25
popcorn ball	4.25

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* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness