



gluten & allergen list

THE FOLLOWING ITEMS DO NOT CONTAIN ANY GLUTEN
(SOME REQUIRE SLIGHT MODIFICATIONS);
WE CANNOT GUARANTEE NO CROSS CONTAMINATION.
PLEASE INDICATE SPECIFIC ALLERGENS AT TIME OF ORDER

gf entrees

filet w/out amablu topping
½ roasted chicken
hugo's baja mahi tacos
mike's seafood stew w/o bread
lemon chicken
green curry salmon

gf appetizers & sides

mashed potatoes
simple green beans
broccolini
harissa roasted cauliflower
crispy brussels sprouts**
french fries**

gf soup & salads

ordered without bread

pozole
bob's tomato soup
chicken soup w/o noodles
tarragon chicken salad
dilled egg salad
fancy schmancy tuna salad
sampler salad
greek
pacific rim salmon
sweet & spicy caesar starter w/o crisp

dairy, soy, egg & gf

hugo's baja mahi tacos
w/o cheese

lemon chicken w/o butter
w/o mashed potatoes

mike's seafood stew
w/o ciabatta, no butter

greek
w/o flatbread, no cheese

pacific rim salmon
w/o bread

gf sandwiches

ordered without bread

grilled chicken club

steak sandwich

burger, burger

turkey focaccia

***items fried in the same oil as breaded items*

gf bakery

nut goodley bar

peanut butter cookie

dairy-free breads

caraway rye

focaccia

*gf: gluten-friendly (no added gluten) **items fried in the same oil as breaded items*



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gf breakfast entrees

ordered without bread

steak & eggs w/o crispy onions

yum! breakfast

california scramble

salmon hash

gf breakfast sides

one egg any style

house made sausage pattie

Jones Dairy Farm bacon

sweet & spicy candied bacon

roasted potatoes

fresh fruit

gf bakery

nut goodley bar

peanut better cookie

dairy-free breads

caraway rye

focaccia

gf: gluten-friendly (no added gluten)