appetizers	~~~	‡ sandwiches ~~~~~	~~~
		served w/ house made chips!	
french fries [w/ red pepper aioli, cajun mayo & ketchup]	7.95	southwest chicken panini [blackened chicken breast, avocado aioli, lettuce,	14.95
buffalo chicken fingers [2]	9.95	tomato & mozzarella on jalapeño focaccia]	15.05
chicken fingers [2]	8.95	grilled chicken club [grilled chicken breast, lettuce, tomato, avocado, Jones Dairy Farm bacon & honey mustard aioli on	15.95
beets by yum! starter [romaine, red & gold beets & bleu cheese	6.95	toasted whole grain]	
w/ lemon honey vinaigrette]		Sandwiches served w/ house made chips! southwest chicken panini [blackened chicken breast, avocado aioli, lettuce, tomato & mozzarella on jalapeño focaccia] grilled chicken club [grilled chicken breast, lettuce, tomato, avocado, Jones Dairy Farm bacon & honey mustard aioli on toasted whole grain] steak sandwich [grilled beef tenderloin, red pepper aioli & arugula on herb focaccia] * burger, burger	16.95
soup	quart	burger, burger	15.95
acorn squash 5.95 6.95 gumbo 8.95 10.95	12.95 19.95	[2 house ground chuck patties, cheddar cheese, lettuce, tomato, onion & special sauce on challah bun] * add Jones Dairy Farm bacon 2.50 reuben / rachel [corned beef or turkey, swiss cheese, sauerkraut & red pepper aioli on caraway rye] turkey focaccia [house roasted turkey breast w/ red pepper aioli, shredded lettuce, tomato & shaved red onions on grilled focaccia bun] add avocado 1.25 tuna melt [house made english muffin, fancy schmancy tuna salad,	
chicken noodle 5.95 6.95 chicken noodle w/ matzah balls 6.50 7.95	12.95 14.95	reuben / rachel	5 / 14.95
bob's tomato 5.95 6.95	12.95	[corned beef or turkey, swiss cheese, sauerkraut & red pepper aioli on caraway rye]	
salads	~~~	turkey focaccia [house roasted turkey breast w/ red pepper aioli, shredded]	12.95
date night	14.95	lettuce, tomato & shaved red onions on grilled focaccia bun]	
[avocado, dates, corn, goat cheese, toasted almonds	±4.₹0	tuna melt	14.95
& cornbread croutons on mixed greens w/ lemon honey vinaigrette] add chicken 4.00		sliced tomato & muenster cheese]	14.00
pop! [chicken, pears, bleu cheese, scallions & popped wild rice	14.95	open-faced runny egg club [two over easy eggs, bacon, avocado, arugula, tomato	12.95
on field greens w/ maple vinaigrette]		& red pepper aioli on toasted whole grain] *	
fall farro w/ salmon [atlantic salmon, farro, grape tomatoes & radishes on arugula w/ mint, parsley	16.95	breakfast sandwich [bacon or house sausage, fried egg & cheddar cheese on house made english muffin] * add avocado 1.25	12.95
& pistachios in lemon vinaigrette]		yum! veggie [avocado, cucumber, sprouts, tomato, spinach, cheddar	12.95
sampler	14.95	& muenster w/ honey mustard aioli on toasted whole grain]	
[a scoop of fancy schmancy tuna, tarragon chicken & dilled egg salad on greens]		grilled cheese [muenster & cheddar on challah]	9.95
tarragon chicken salad [w/ grapes, pecans, & celery on greens]	12.95	fancy schmancy tuna salad [white albacore tuna w/ kalamata olives, red peppers & scallions	12.95
fancy schmancy tuna salad [white albacore tuna w/ kalamata olives,	12.95	w/ lettuce & tomato on toasted challah] tarragon chicken salad	12.95
red peppers & scallions on greens]		[w/ grapes, pecans & celery w/ lettuce & tomato on toasted challar	1]
dilled egg salad [hard cooked eggs w/ celery, scallions & dill on greens]	11.95	open-faced runny egg club [two over easy eggs, bacon, avocado, arugula, tomato & red pepper aioli on toasted whole grain] * breakfast sandwich [bacon or house sausage, fried egg & cheddar cheese on house made english muffin] * add avocado 1.25 yum! veggie [avocado, cucumber, sprouts, tomato, spinach, cheddar & muenster w/ honey mustard aioli on toasted whole grain] grilled cheese [muenster & cheddar on challah] fancy schmancy tuna salad [white albacore tuna w/ kalamata olives, red peppers & scallions w/ lettuce & tomato on toasted challah] tarragon chicken salad [w/ grapes, pecans & celery w/ lettuce & tomato on toasted challah] dilled egg salad [hard cooked eggs w/ celery, scallions & dill w/ lettuce & tomato on toasted challah] breads [sliced or whole] caraway rye challah whole grain english muffins [4] family style whole roasted chicken 1/2 pan original macaroni & cheese [feeds 8-10] chicken salad [1/2 pint, pint or quart] 9.95 18.9 9.95 18.9 9.95 18.9	11.95
pasta	~~	breads	~~~
	10.95	[sliced or whole]	5.95
add buffalo chicken [1] 4.95 [2]	8.95	challah	6.95
mac & cheese - family style to go [feeds 8-10]	29.95	whole grain english muffins [4]	5.95 12.95
cajun chicken fettuccine	15.95	family style ~~~~	~~~
[blackened chicken w/ fettuccine & broccolini in creole sauce & topped w/ parmesan & chives]		whole roasted chicken	18.95
		1/2 pan original macaroni & cheese [feeds 8-10] chicken salad [1/2 pint, pint or quart] 9.95 18.9	29.95 5 29.95
			5 29.95
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	~~~	egg salad [1/2 pint, pint or quart] 8.95 16.9	ა 26.95 ~~~~

entrees	~~~	∫ ∄ ∫ breakfast ~~~~~~	_
urkey carver	16.95	served 8:00 -11:00 am daily]	
house roasted turkey, mashed potatoes & gravy open faced on toasted challah w/ crispy onions & side of cranberry sauce]		breakfast [served 8:00 -11:00 am daily]  chilaquiles [slow scrambled eggs w/ tortilla chips, tomatillo salsa, avocado, sour cream & cotija cheese]  open-faced runny egg club	
lemon salmon w/ kale [roasted atlantic salmon w/ maple whipped sweet potatoes & sauteed kale]	19.95		
szechuan salmon [grilled salmon on jasmine rice w/ pistachios & szechuan	19.95	& red pepper aioli on toasted whole grain served w/ roasted potatoes] *	
green beans] fish & chips [true alaskan cod & french fries w/ house tartar sauce]	16.95	& red pepper aioli on toasted whole grain served w/ roasted potatoes] *  breakfast sandwich [house made english muffin w/ fried egg, cheddar cheese & choice of sausage or bacon served w/ roasted potatoes] *  add avocado 1.25	
hugo's baja mahi tacos [build your own! mahi-mahi on romaine w/ spicy baja sauce, pico de gallo, cotija cheese & corn tortillas]	16.95	yum!	
veggie stuffed acorn squash [roasted squash w/ wild rice, pears, dates, dried cherries & kale topped w/ parmesan]	15.95	roasted potatoes & challah toast]  steak & eggs [beef tenderloin, over easy eggs & crispy onions served w/ roasted potatoes & grilled focaccia] *  breakfast burrito [scrambled eggs, sausage, pepper jack cheese, avocado,	
cauliflower couscous vegan bowl [pearl couscous infused w/ tumeric, red onion, red peppers, scallions, parsley & cilantro toppedw/ harissa roasted cauliflow	15.95 ver,	served w/ roasted potatoes & grilled focaccia] *  breakfast burrito [scrambled eggs, sausage, pepper jack cheese, avocado, roasted potatoes & sour cream wrapped in a flour tortilla	
tahini vinaigrette & pine nuts] amablu crusted filet	22.95	served w/ pico de gallo & tortilla chips]	
[beef tenderloin w/ mashed potatoes & simple green beans] * 1/2 roasted chicken	18.95	california scramble  california scramble  scrambled eggs w/ tomato, avocado, fresh mozzarella,  spinach & daikon sprouts, served w/ greens & whole	
[w/ mashed potatoes & green beans] lemon chicken [seared chicken breast w/ fresh lemon & italian	16.95	spinach & daikon sprouts, served w/ greens & whole grain toast] add salmon 6.00  catmeal brulee [oats & wheat berries slow cooked & topped]	
parsley, served w/ mashed potatoes & broccolini]		w/ strawberries, almonds & brown sugar glaze]	
side dishes	~~~	coats & wheat berries slow cooked & topped   w/ strawberries, almonds & brown sugar glaze   avocado toast   whole grain, avocado,extra virgin olive oil, sea salt   & red pepper flakes   add egg * 2.50 add greens 2.95 add salmon 6.00	
simple green beans 6.95 broccolini	9.95 9.25 6.95	crunchy french toast [thick slices of egg dipped challah w/ corn flake crunch	
crispy brussels sprouts mashed potatoes maple whipped sweet potatoes	6.95 6.25 6.95	Served w/ winipped creami, blackbernies & strawbernies]	_
harissa roasted cauliflower  cakes	7.25	් ශ්  one egg any style * house made sausage pattie	
slice	whole	Jones Dairy Farm bacon	
patticake 6.95	54.95	〈 'ට 〈 sweet & spicy candied bacon 〈 ල් 〈 roasted potatoes	
baker's man 6.95 coconut 6.95	54.95 54.95	fresh fruit [the best of the season]	
		toast [challab rive or whole grain]	
cupcakes		} & yum! ~~~~~	
salted turtle	4.50 4.50	yum:	
yum! chocolate	4.25		
vanilla	4.25	on a command pun-a-part	
pies, bars & cookies~		pumpkin	
mini pumpkin cheesecake pumpkin bar	6.95 4.50	Scones  Chai mixed berry plain  Specialty  fruit loopie bar popcorn ball	_
salted nut roll	4.25	ス chai	
nut goodley bar special yum! bar	4.25 4.25	mixed berry	
chocolate chip cookie	2.95	〉 등 〉 plain Specialty ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	
ranger cookie peanut better cookie	2.95 2.95	Specially	
[dairy free & gluten friendly]		fruit loopie bar	
minnesota maple cookie	2.95	( <b>U</b> J ( <b>P</b> OPO-11 2211	

^{*} Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness