

## entrees

## grainy mustard salmon

[roasted atlantic salmon w/ grainy mustard glaze,
pickled ginger, jasmine rice, arugula \& broccolini]
szechuan salmon
[grilled salmon on jasmine rice w/ pistachios \& szechuan green beans]

| fish \& chips | 16.95 |
| :--- | :---: |
| [true alaskan cod \& french fries w/ house tartar sauce] |  |
| hugo's baja mahi tacos <br> [build your own! mahi-mahi on romaine w/ spicy baja sauce, <br> pico de gallo, cotija cheese \& corn tortillas] | 15.95 |
| cauliflower couscous vegan bowl <br> [pearl couscous infused w/ tumeric, red onion, red peppers, <br> scallions, parsley \& cilantro toppedw/ harissa roasted <br> cauliflower, tahini vinaigrette \& pine nuts] | 15.95 |
| amablu crusted filet <br> [beef tenderloin w/ roasted potatoes \& simple green beans] * |  |
| 1/2 roasted chicken <br> [w/ roasted potatoes \& green beans] | 16.95 |
| lemon chicken |  |
| [seared chicken breast w/ fresh lemon \& italian |  |
| parsley, served w/ roasted potatoes \& broccolini] | 15.95 |

## side dishes

| szechuan green beans | 5.95 | 8.95 |
| :--- | ---: | :--- |
| simple green beans | 5.95 | 8.95 |
| broccolini |  | 5.95 |
| crispy brussels sprouts | 5.95 |  |
| roasted potatoes | 5.95 |  |
| harissa roasted cauliflower | 6.95 |  |

## cakes <br> patticake <br> baker's man <br> coconut

cupcakes
rhubarb upside down 4.50
yum!
4.50
chocolate
4.25
vanilla

## pies, bars \& cookies

| mini key lime pie | 6.95 |
| :--- | :--- |
| nut goodley bar | 4.25 |
| special yum! bar | 4.25 |
| chocolate chip cookie | 2.95 |
| ranger cookie | 2.95 |
| peanut better cookie | 2.50 |
| [dairy free \& gluten friendly] |  |
| frosted sugar cookie | 3.50 |

breakfast
[served 8:00-11:00 am daily]
salmon hash ..... 14.95
[red curry glazed flaked salmon w/ potatoes, arugula,red peppers \& over easy eggs, garnished w/ dill servedw/ rye toast] *california scramble12.95
[scrambled eggs w/ tomato, avocado, fresh mozzarella,spinach \& daikon sprouts, served w/ greens \& wholegrain toast] add salmon 6.00
open-faced runny egg club12.95
[two over easy eggs, bacon, avocado, arugula, tomato
\& red pepper aioli on toasted whole grain
served w/ roasted potatoes] *
breakfast sandwich
[house made english muffin w/ fried egg, cheddar cheese
\& choice of sausage or bacon served w/ roasted potatoes] *
add avocado 1.25
yum!
[slow scrambled eggs w/ chives, sausage patties,
roasted potatoes \& challah toast]
steak \& eggs
[beef tenderloin, over easy eggs \& crispy onions
served w/ roasted potatoes \& grilled focaccia] *
breakfast burrito
[scrambled eggs, sausage, pepper jack cheese, avocado,
roasted potatoes \& sour cream wrapped in a flour tortilla
served w/ pico de gallo \& tortilla chips]
yum! granola
[ $\mathrm{w} /$ yogurt, mixed berries \& drizzle of Bare honey]
avocado toast
[whole grain, avocado,extra virgin olive oil, sea salt
\& red pepper flakes]
add egg* 2.50 add greens 2.95 add salmon 6.00
crunchy french toast
[thick slices of egg dipped challah w/ corn flake crunch
served w/ whipped cream, blackberries \& strawberries]
breakfast sides
one egg any style * 2.50
house made sausage pattie 5.95
Jones Dairy Farm bacon 6.75
sweet \& spicy candied bacon 7.75
roasted potatoes 5.95
fresh fruit [the best of the season] 5.95
house baked english muffin 4.95
toast [challah, rye or whole grain] 3.95
yum!
caramel pull-a-part 4.75
cinnamon pull-a-part 4.75
muffins
lemon raspberry 3.75
blueberry 3.75
SCOlles ~~~~~~~~~~~~~~~~~~~~~~~~
strawberry key lime 3.75
mixed berry 3.75
plain 3.50
specialty
fruit loopie bar 4.25
popcorn ball 4.25

