

## appetizers

<b>french fries</b> [w/ red pepper aioli, cajun mayo & ketchup]	6.95
<b>buffalo chicken fingers [2]</b>	8.95
<b>chicken fingers [2]</b>	7.95
<b>three b's starter salad</b> [bibb lettuce, beets & bleu cheese w/ lemon honey vinaigrette]	6.95

## mac & cheese

<b>original</b>	10.95
<b>small original</b>	6.95
<b>lucky penne's cousin, cavatappi</b> [gruyere & cheddar cheese sauce, chicken, bacon, mushrooms & peas]	14.95
<b>buffalo</b> [original cheddar cheese sauce, buffalo chicken, diced celery, bleu cheese drizzle & scallions]	14.95
<b>lobsta'</b> [gruyere & cheddar cheese sauce, lobster, toasted bread crumbs & parsley] *	19.95

## salads

<b>apple harvest</b> [apples, jarlsberg & spicy pecans on mixed greens w/ maple vinaigrette] <i>add chicken 4.00</i>	12.95
<b>salmon kale</b> [grilled salmon, currants, carrots, tomatoes, parmesan & pine nuts on kale w/ lemon honey vinaigrette]	15.95
<b>fall steak</b> [grilled steak, red peppers, corn, mushrooms, amablu cheese, sunflower seeds & crispy onions on romaine w/ balsamic vinaigrette] *	18.95
<b>sampler</b> [a scoop of fancy schmancy tuna, tarragon chicken & dilled egg salad]	14.95
<b>tarragon chicken salad w/ greens</b> [w/ grapes, pecans, & celery]	12.95
<b>fancy schmancy tuna salad w/ greens</b> [white albacore tuna w/ kalamata olives, red peppers & scallions]	12.95
<b>dilled egg salad w/ greens</b>	11.95

## soup

	cup	bowl	quart
<b>cream o' mushroom</b>	5.95	6.95	12.95
<b>gumbo</b>	8.95	10.95	19.95
<b>chicken noodle</b>	5.95	6.95	12.95
<b>chicken noodle w/ matzah balls</b>	6.50	7.95	14.95
<b>bob's tomato</b>	5.95	6.95	12.95

## sandwiches

*served w/ house made chips!*

<b>southwest chicken panini</b> [blackened chicken breast, avocado aioli, lettuce, tomato & mozzarella on jalapeno focaccia]	14.95
<b>grilled chicken club</b> [grilled chicken breast, lettuce, tomato, avocado, Jones Dairy Farm bacon & honey mustard aioli on toasted whole grain]	15.95
<b>steak sandwich</b> [grilled beef tenderloin, red pepper aioli & Revol arugula on herb focaccia] *	16.95
<b>burger, burger</b> [2 house ground chuck patties, cheddar cheese, lettuce, tomato, onion & special sauce on challah bun] * <i>add Jones Dairy Farm bacon 2.25</i>	15.95
<b>turkey focaccia</b> [house roasted turkey breast w/ red pepper aioli, shredded lettuce, tomato & shaved red onion] <i>add avocado 1.25</i>	12.95
<b>reuben / rachel</b> [corned beef or turkey, swiss cheese, sauerkraut & red pepper aioli on caraway rye]	14.95 / 12.95
<b>tuna melt</b> [house made english muffin, fancy schmancy tuna salad, sliced tomato & muenster cheese]	14.95
<b>breakfast sandwich</b> [bacon or house sausage, fried egg & cheddar cheese on house made english muffin] * <i>add avocado 1.25</i>	11.95
<b>yum! veggie</b> [avocado, cucumber, sprouts, tomato, spinach, cheddar & muenster w/ honey mustard aioli on toasted whole grain]	11.95
<b>grilled cheese</b> [muenster & cheddar on challah]	9.25
<b>fancy schmancy tuna salad</b>	12.95
<b>tarragon chicken salad</b>	12.95
<b>dilled egg salad</b>	11.95

## bread

*[sliced or whole]*

<b>caraway rye</b>	5.25
<b>challah</b>	6.95
<b>whole grain</b>	5.95
<b>english muffins [4]</b>	12.95

## family style

<b>whole roasted chicken</b>	16.95
<b>1/2 pan original macaroni &amp; cheese [feeds 8-10]</b>	29.95
<b>chicken salad [1/2 pint, pint or quart]</b>	9.95 18.95 29.95
<b>tuna salad [1/2 pint, pint or quart]</b>	9.95 18.95 29.95
<b>egg salad [1/2 pint, pint or quart]</b>	8.95 16.95 26.95

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## entrees

<b>mike's seafood stew</b> [mussels, mahi mahi, shrimp, tomatoes, fresh fennel & a hint of orange w/ grilled ciabatta & red pepper aioli] *	18.95
<b>lemon salmon w/ kale</b> [pan seared atlantic salmon w/ honey lemon glaze, sauteed kale, carrots, currants & grape tomatoes served w/ mashed potatoes]	18.95
<b>szechuan salmon</b> [grilled salmon on jasmine rice w/ pistachios & szechuan green beans]	18.95
<b>fish &amp; chips</b> [true alaskan cod & french fries w/ house tartar sauce]	16.95
<b>hugo's baja mahi tacos</b> [grilled mahi on romaine w/ spicy baja sauce, pico de gallo, cotija cheese & corn tortillas]	15.95
<b>vegan tacos</b> [3 corn tortillas w/ quinoa, sweet potatoes, cabbage, cilantro, red onion, avocado & tomatillo salsa] not so vegan? add cotija cheese .75	14.95
<b>amablu crusted filet</b> [beef tenderloin w/ mashed potatoes & simple green beans] *	21.95
<b>1/2 roasted chicken</b> [w/ mashed potatoes & green beans]	16.95
<b>lemon chicken</b> [seared chicken breast w/ fresh lemon & italian parsley served w/ mashed potatoes & broccoli]	15.95

## side dishes

<b>szechuan green beans</b>	5.95	8.95
<b>simple green beans</b>	5.95	8.95
<b>broccolini</b>		5.95
<b>crispy brussels sprouts</b>		5.95
<b>mashed potatoes</b>		5.95
<b>potato knishes [3]</b>		6.25

## cakes

	slice	whole
<b>patticake</b>	6.50	49.95
<b>baker's man</b>	6.50	49.95
<b>coconut</b>	6.50	49.95

## pies, bars & cookies

<b>mini salted caramel apple pie</b>	6.95
<b>pumpkin bar</b>	4.50
<b>nut goodley bar</b>	4.25
<b>special yum! bar</b>	4.25
<b>chocolate chip cookie</b>	2.50
<b>ranger cookie</b>	2.50
<b>peanut better cookie</b>	2.50
[dairy free & gluten friendly]	
<b>yumeo!</b>	4.95

## cupcakes

<b>raspberry patticup</b>	4.50
<b>yum!</b>	4.50
<b>chocolate</b>	4.25
<b>vanilla</b>	4.25

## breakfast

[served 8:00 -11:00 am daily]

<b>fall scramble</b> [eggs scrambled w/ mushrooms, spinach, tomato & parmesan w/ roasted potatoes & whole grain toast]	12.95
<b>california scramble</b> [scrambled eggs w/ tomato, avocado, fresh mozzarella, spinach & daikon sprouts, served w/ greens & whole grain toast] add salmon 6.00	12.95
<b>breakfast burrito</b> [scrambled eggs, sausage, pepper jack cheese, avocado, roasted potatoes & sour cream wrapped in a flour tortilla served w/ pico de gallo & tortilla chips]	14.95
<b>yum!</b> [slow scrambled eggs w/ chives, sausage patties, roasted potatoes & challah toast]	11.95
<b>breakfast sandwich</b> [house made english muffin w/ fried egg, cheddar cheese & choice of sausage or bacon served w/ roasted potatoes] * add avocado 1.25	11.95
<b>steak &amp; eggs</b> [beef tenderloin, over easy eggs & crispy onions served w/ roasted potatoes & grilled focaccia] *	15.95
<b>oatmeal brulee</b> [oats & wheat berries slow cooked & topped w/ strawberries, almonds & brown sugar glaze]	8.95
<b>avocado toast</b> [whole grain, avocado, extra virgin olive oil, sea salt & red pepper flakes] add egg * 2.50 add greens 2.95 add salmon 6.00	7.95
<b>crunchy french toast</b> [thick slices of egg dipped challah w/ corn flake crunch served w/ whipped cream, blackberries & strawberries]	12.95

## breakfast sides

<b>one egg any style *</b>	2.50
<b>house made sausage pattie</b>	5.95
<b>Jones Dairy Farm bacon</b>	6.75
<b>sweet &amp; spicy candied bacon</b>	7.75
<b>roasted potatoes</b>	5.95
<b>fresh fruit</b> [the best of the season]	5.95
<b>house baked english muffin</b>	4.95
<b>toast</b> [challah, rye or whole grain]	3.95

## yum!

<b>caramel apple pull-a-part</b>	4.95
<b>caramel pull-a-part</b>	4.75
<b>cinnamon pull-a-part</b>	4.75

## muffins

<b>zucchini walnut</b>	3.75
<b>blueberry</b>	3.75

## scones

<b>woodbury mixed berry</b>	3.75
<b>plain</b>	3.50

## specialty

<b>fruit loopie bar</b>	4.25
<b>popcorn ball</b>	4.25

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